



# Nappy changing policy

This policy was adopted by the Kingswood Pre-School Group on 07/02/2019

Policy review date: 05/05/2021

Signed:----- Date:-----

(Hayley Roberts – Chairperson of Kingswood Pre-School Group)

## **Safeguarding and welfare requirement: Health**

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

### **Policy statement**

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

### **EYFS key commitments**

Key person – 3.27

Premises – 3.60

### **Procedures**

- Key persons have agreed changing routines with parents for the young children in their care who are in 'pull-ups'.
- Young children from two years must wear 'pull ups' or other types of trainer pants as soon as they are comfortable with this
- All Members of the Preschool team will change all children in pull ups on a rotated basis This must never be undertaken by volunteers/students or committee members unless the child is there's.
- Unless a child has a physical need or medical need to be changed laying down, a stand up change should be done. Pull ups or equivalent MUST be worn by all children unless there is a medical or physical reason why not.
- The child will be encouraged to take an active role in being changed, pulling down bottoms and taking off shoes. Older children (3+) will be put to sit on the toilet first before putting on a new pull up.
- Changing areas are warm and there are safe areas to lay young children if they need to have their bottoms cleaned.
- Parents are asked to provide a bag with 'pull ups' ONLY and changing wipes. Parents will be charged £1 for a pull up provided by the preschool should one not be provided.
- Gloves and aprons are put on before changing starts and the areas are prepared. Paper towel is put down on the changing mat freshly for each child.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.

- In addition, staff ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- They should be encouraged to wash their hands and have soap and paper towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Anti-bacterial hand wash liquid is used for young children under adult supervision.
- **All Staff** are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents'.
- **All Staff** do not make inappropriate comments about young children's genitals when changing their nappies
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and 'pull ups' are disposed of hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for the parent to take home.
- NB If young children are left in wet or soiled nappies/'pull ups' in the setting this may constitute neglect and will be a disciplinary matter. Settings have a 'duty of care' towards children's personal needs.